

## ABSTRACT

A mobile communication device and a method for a mobile communication device, including a multiplicity of modes of operation with different operational functions. The mobile communication device encompasses sensors for determining body-related parameters of the user and/or environmental parameters of the mobile communication device. The mobile communication device includes a selection module for evaluating the body-related parameters of the user and/or the environmental parameters of the mobile communication device, and the mobile communication device includes an operational mode module for adapting the respective mode of operation of the mobile communication device according to the evaluation data for the body-related parameters and/or of the environmental parameters. The mobile communication device can also include a mobile radio device.